

**Amendments to the Claims**

The following listing of claims will replace all prior versions, and listings, of claims in the application:

**Listing of Claims:**

Claims 1 and 2 (canceled)

3. (new) A pillow, comprising:

two side panels removably attached to each other along a generally straight first seam to receive the head of a user therein; and

a bottom panel for supporting the neck of the user and removably attached to the side panels along a second seam that is substantially perpendicular to the first seam.

4. (new) The pillow of claim 3, wherein the side panels are each formed with an indentation abutting the first seam for receiving the head of the user therein.

5. (new) The pillow of claim 1, further comprising:

adjustable fasteners attached to two or more of the panels for engaging one another to adjust the pillow.

6. (new) The pillow of claim 1, further comprising:

an insert received at the intersection of the seams to support the head of the user.